



# Northeast South Dakota Head Start Program

## May 2026

*Unflavored one percent milk is served with breakfast and lunch.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b>
<b>Breakfast</b> <b>4</b> Waffles Banana <b>Lunch</b> WG Fish Sticks Mixed Greens Salad Peaches <b>Snack</b> WG Cracker OR Banana Milk	<b>Breakfast</b> <b>5</b> <b>WG Cereal</b> Oranges <b>Lunch</b> Boiled Egg English Muffin D71 Potato Grapes <b>Snack</b> Fruit / Crackers / Milk	<b>Breakfast</b> <b>6</b> <b>WG Toast</b> Applesauce <b>Lunch</b> Goulash D33 Corn Fruit <b>Snack</b> Grahams Milk	<b>Breakfast</b> <b>7</b> <b>WG Cereal</b> Apples <b>Lunch</b> Chicken Strips Potato Grapes <b>Snack</b> Yogurt Milk	<b>8</b>
<b>Breakfast</b> <b>11</b> <b>WG Bagel</b> Banana <b>Lunch</b> Hamburger /Bun Potato Grapes <b>Snack</b> Crackers OR Banana Milk	<b>Breakfast</b> <b>12</b> <b>WG Cereal</b> Apples <b>Lunch</b> Chicken Alfredo D54 Hot Vegetable Fruit <b>Snack</b> Crackers Milk	<b>Breakfast</b> <b>13</b> Muffin Fruit <b>Lunch</b> Pizza Mixed Greens Salad Grapes <b>Snack</b> Yogurt Milk	<b>Breakfast</b> <b>14</b> <b>WG Cereal</b> Oranges <b>Lunch</b> Turkey Sandwich / bun Carrots Apple Slices <b>Snack</b> Crackers 100% Juice	<b>15</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>

# Pasta Shapes

Draw a line from each piece of pasta to the shape it most looks like.

