

Graph of Temperament Traits

	Activity Level	Biological Rhythms	Adaptability	Approach/Withdrawal	Sensitivity/Sensory Threshold	Intensity of Reaction	Distractibility	Quality of Mood	Persistence
	High Activity	Irregular	Adapts Slowly	Withdraws	High Sensitivity	Intense Reactions	High Distractibility	Negative Mood	High Persistence
10									
9									
8									
7									
6									
5									
4									
3									
2									
1									
	Low Activity	Regular	Adapts Quickly	Approaches	Low Sensitivity	Mild Reactions	Low Distractibility	Positive Mood	Low Persistence

Recreated from: WestEd. (2014) The Program for Infant/Toddler Care Trainer’s Manual, Module 1: Social-Emotional Growth and Socialization, 2nd edition (p. 196). Sacramento, CA: California Department of Education.