SISSETON EMERGENCY MENU 1

DATE

SISSETON
36 servings

	Menu component	Menu	Serving Sizes Ages 1-2	Ages 3-5	Ages 6+	Ages Adults	Specific Food Item	Quantity Prepared	Leftover	Number Served
BREAKFAST	Bread/Grain	Toasted Oats **WG**		1/2 c.		3/4 c.		1-16 oz. box		1-2
	Fruit/Vegetable	Mandarin Oranges		1/2 c.		1/2 c.	Canned	8-15 oz. (120 oz. total)		3-5
	Milk	1%		3/4 c.		1 c.		1.5 gallons		6+
	Other									Adults
										Total
LUNCH	Meat/Meat Alternate	American Cheese		1.5 oz.		2 oz.		4.75 #		1-2
	Bread/Grain	Bread		1/2 sl.		2 sl.		2-1.5 # loaves		3-5
	Vegetable	Corn		1/4 c.		1/2 c.	Canned	2-# 10 can		6+
	Fruit	Pears		1/4 c.		1/2 c.	Canned	2-#10 can		Adults
	Milk	1%		3/4 c.		1 c.		3 gallons		Total
	Other									
SNACK PM	**(CHOOSE TWO)**									1-2
	Meat/Meat Alternate									3-5
	Bread/Grain	Toasted oats		1/2 c.		3/4 c.		1-16 oz. box		6+
	Vegetable									
	Fruit									Adults
	Milk	1%		1/2 c.		1 c.		3 gallons		Total
SUPPER	Meat/Meat Alternate							List any substitutions for		1-2
	Bread/Grain							children with food allergies.		3-5
	Fruit/Vegetable									6+
	Fruit/Vegetable									Adults
	Milk									Total
	Other									