SISSETON EMERGENCY MENU 2 (IF NO PEANUT ALLERGIES)

DATE

SISSETON
36 servings

	Menu component	Menu	Serving Sizes Ages 1-2	Ages 3-5	Ages 6+	Ages Adults	Specific Food Item	Quantity Prepared	Leftover	Number Served
BREAKFAST	Bread/Grain	Chex **WG**		1/2 c.		3/4 c.		1-16 oz. box		1-2
	Fruit/Vegetable	Pineapple		1/2 c.		1/2 c.	Canned	11-20 oz. (220 oz. total)		3-5
	Milk	1%		3/4 c.		1 c.		1.5 gallons		6+
	Other									Adults
										Total
LUNCH	Meat/Meat Alternate	Peanut Butter		1.5 oz.		2 oz.	Jar	3-32 oz. (96 oz. total)		1-2
	Bread/Grain	Bread		1/2 sl.		2 sl.		2-1.5 # loaves		3-5
	Vegetable	Green Beans		1/4 c.		1/2 c.	Canned	2-#10		6+
	Fruit	Peaches		1/4 c.		1/2 c.	Canned	8-15 oz. (120 oz. total)		Adults
	Milk	1%		3/4 c.		1 c.		3 gallons		Total
	Other	Jam								
SNACK PM	**(CHOOSE TWO)**									1-2
	Meat/Meat Alternate									3-5
	Bread/Grain	Chex		1/2 c.		3/4 c.		1-16 oz. box		6+
	Vegetable									
	Fruit									Adults
	Milk	1%		1/2 c.		1 c.		1.5 gallons		Total
SUPPER	Meat/Meat Alternate							List any substitutions for		1-2
	Bread/Grain							children with food allergies.		3-5
	Fruit/Vegetable									6+
	Fruit/Vegetable									Adults
	Milk									Total
	Other									