

HURON EMERGENCY MENU DAY 1

DATE _____

HURON
80 servings

B R E A K F A S T	Menu component	Menu	Serving Sizes				Specific Food Item	Quantity Prepared	Leftover	Number Served	
			Ages	Ages	Ages	Ages					
			1-2	3-5	6+	Adults					
L U N C H	Bread/Grain	Toasted Oats WG		1/2 c.		1.5 c.			1-2		
	Fruit/Vegetable	Applesauce		1/2 c.		1/2 c.			24 c.	3-5	
	Milk	1%		3/4 c.		1 c.			32 c.	6+	
	Other									Adults	
										Total	
S N A C K	Meat/Meat Alternate	Tuna Salad Sandwich		1.5 oz.		2 oz.	Canned Canned		1-2		
	Bread/Grain	Bread		1/2 sl.		1 sl.			48 oz.	3-5	
	Vegetable	Green Beans		1/4 c.		1/2 c.			28 c.	6+	
	Fruit	Pineapple		1/4 c.		1/2 c.			26 c.	Adults	
	Milk	1%		3/4 c.		1 c.			64 c.	Total	
	Other										
P M	(CHOOSE TWO)								1-2		
	Meat/Meat Alternate								3-5		
	Bread/Grain	Toasted oats		1/2 c.		1.5 c.			20 c.	6+	
	Vegetable										
	Fruit									Adults	
	Milk	1%		1/2 c.		1 c.			32 c.	Total	
S U P P E R	Meat/Meat Alternate						List any substitutions for children with food allergies.		1-2		
	Bread/Grain								3-5		
	Fruit/Vegetable								6+		
	Fruit/Vegetable								Adults		
	Milk								Total		
	Other										