

ABERDEEN EMERGENCY MENU

DATE _____

ABERDEEN

125 Servings

B R E A K F A S T	Menu component	Menu	Serving Sizes				Specific Food Item	Quantity Prepared	Leftover	Number Served
			Ages	Ages	Ages	Ages				
			1-2	3-5	6+	Adults				
	Bread/Grain	WG Toasted Oats		1/2 c.		1.5 c.		4-16 oz. boxes	1-2	_____
	Fruit/Vegetable	Pears		1/2 c.		1/2 c.			3-5	_____
	Milk	1%		3/4 c.		1 c.			6+	_____
	Other								Adults	_____
									Total	_____
L U N C H	Meat/Meat Alternate	Vegetable Chili		1.5 oz.		2 oz.	Canned Canned	D26 for 125	1-2	_____
	Bread/Grain	Saltine Crackers		4		8			3-5	_____
	Vegetable	(Beans in Chili)		1/4 c.		1/2 c.			6+	_____
	Fruit	Pineapple		1/4 c.		1/2 c.			Adults	_____
	Milk	1%		3/4 c.		1 c.			Total	_____
	Other									
S N A C K P M	(CHOOSE TWO)							4-16 oz. boxes	1-2	_____
	Meat/Meat Alternate								3-5	_____
	Bread/Grain	Toasted oats		1/2 c.		1.5 c.			6+	_____
	Vegetable								Adults	_____
	Fruit								Total	_____
	Milk	1%		1/2 c.		1 c.				
S U P P E R	Meat/Meat Alternate						List any substitutions for children with food allergies.		1-2	_____
	Bread/Grain								3-5	_____
	Fruit/Vegetable								6+	_____
	Fruit/Vegetable								Adults	_____
	Milk								Total	_____
	Other									