

ATTENDANCE SHEET/Quiz – Building Resiliency

Meeting / Training: Building Resiliency – ACEs Follow-Up
Trainer: Cassie Nagel, CHSSSD
Training Hours: 5 hr

Unit: _____
Date: _____
Location: _____

- 1) Sign Attendance Form (OK to do as a large group at a site)
- 2) Watch:
- 3) Answer/Circle Quiz Answers
- 4) Send signed attendance to main office for entering in training records

Attendance:

Name:

Position: (parent, former parent, staff, trainer, community rep., etc)

(PLEASE PRINT NAME)

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

1) *Circle the Strategies that can prevent ACEs (Adverse Childhood Experiences):*



2) **List the 2 Things you do for Self-Care:**

1- _____ 2 - _____