

**HEALTH HISTORY &
NUTRITION ASSESSMENT**
NESD HEAD START

Child Name _____
Ctr/HB _____
Interviewer _____
Date _____

Does your child:

YES

NO

1. Have any medicine or environmental allergies?

List:

2. Take any medications?

List:

3. Have any current medical problems?

List:

4. Have any past surgeries?

List:

5. Have exposure to 2nd or 3rd hand smoke?

2nd=Smoke / 3rd=Clothes, furniture, etc.

Does your child:

YES

NO

1. Have a food intolerance or allergy?

List:

2. Require a special diet?

List:

3. Have trouble chewing or swallowing?

Explain:

4. Do you have any concerns about what

Your child eats?

Explain:

Health Coordinator _____ Date _____

Health/Nutrition Manager _____ Date _____