## ABERDEEN EMERGENCY MENU

DATE

ABERDEEN

В			Serving Sizes							
R	Menu component	Menu	Ages	Ages	Ages	Ages	Specific Food Item	Quantity Prepared	<u>Leftover</u>	Number Served
E A			1-2	3-5	6+	Adults				
K F A	Bread/Grain	WG Toasted Oats		1/3 c.		1.5 c.		4-16 oz. boxes		1-2
	Fruit/Vegetable	Pears		1/2 c.		1/2 c.		2-#10 cans		3-5
	Milk	1%		3/4 c.		1 c.		3 gallons		6+
S	Other									Adults
Т										Total
L U N C H	Meat/Meat Alternate	Vegetable Chili		1.5 oz		2 oz.		D26 for 125		1-2
	Bread/Grain	Saltine Crackers		4		8		5-1# boxes		3-5
	Vegetable	(Beans in Chili)		1/4 c.		1/2 c.	Canned	D26 for 125		6+
	Fruit	Pineapple		1/4 c.		1/2 c.	Canned	4-#10 cans		Adults
	Milk	1%		3/4 c.		1 c.		7 gallons		Total
	Other									
S N	(CHOOSE TWO)	-								1-2
A C	Meat/Meat Alternate									3-5
	Bread/Grain	Toasted oats		1/3 c.		1.5 c.		4-16 oz. boxes		6+
K	Vegetable									
Р	Fruit									Adults
М	Milk	1%		1/2 c.		1 c.		3 gallons		Total
S	Meat/Meat Alternate							List any substitutions for		1-2
	Bread/Grain							children with food allergies.		3-5
	Fruit/Vegetable									6+
Р	Fruit/Vegetable									Adults
E	Milk									Total
R	Other									