

# **Talk About Touching** A Personal Safety Curriculum

## Requirements for Teachers and Home Visitors NESD Head Start Program



In an attempt to make sure that all children in Head Start receive the same quality education and information, the following requirements need to be followed when using this safety curriculum:

### **CENTERS:**

- 1) **Follow Lesson Plans in order #1 - #15**
- 2) **Complete no less than 1 lesson per week during one of your circle times.** (You can do 2 per week, if you feel the children would benefit). When all 15 lessons are completed, you can repeat 1-15 if you wish or wait until spring to repeat lessons that are relevant (bike safety, etc.)
- 3) **The Lessons on Pedestrian Safety MUST be completed within the first 30 days of service!!**  
(This includes Lessons 1 & 2). You need to document this on your lesson plan as PEDESTRIAN SAFETY under "Group Time".
- 4) **Lesson 3 may be completed with your usual Fire Safety.**
- 5) **On the initial Home Visit, have parents read the family letter that is included in the Parent Packet** that explains the curriculum and gives them a chance to sign and withhold their child from participating in lessons 4 - 15.
- 6) **You can choose whether or not you want to use the Take Home Letters**, starting with Letter 3 on pg 34 of your Teacher's Guide – to send to parents before you complete the lessons.

### **HOME BASE:**

- 1) **Complete the first 2 lessons within the 1<sup>st</sup> 30 days of service.** You need to document this on your lesson plan as PEDESTRIAN SAFETY on each child's individual lesson plan.
- 2) **Lesson 3 may be completed with your usual fire safety.**
- 3) **Before starting the lessons, have parents read the attached letter** that explains the curriculum and gives them a chance to sign and withhold their child from participating in lessons 4 – 15.
- 4) **Home Visitors will receive their own kit or check out a kit from their nearest center or the main office** after Christmas to complete lessons 4 – 15.

(Example of form used by Education Coordinators to track lessons completed)

**Documentation of *Talking About Touching* curriculum**

**Introduction to Curriculum/letter #1 to parents** Date \_\_\_\_\_

**Unit I: Personal Safety** Date Taught

**Lesson 1:** Learning Car Safety \_\_\_\_\_

**Lesson 2:** Learning Traffic Safety \_\_\_\_\_

**Lesson 3:** Learning Fire Safety \_\_\_\_\_

**Lesson 4:** Learning Gun Safety – Never Playing with Guns \_\_\_\_\_

**Lesson 5:** Getting Found \_\_\_\_\_

**Lesson 6:** Always Ask First Rule – Getting Permission before Going \_\_\_\_\_

**Lesson 7:** Always Ask First Rule – Before Accepting Gifts \_\_\_\_\_

**Letter #5 to parents** \_\_\_\_\_

**Unit II: Touching Safety**

**Lesson 8:** Getting and Giving Safe Touches \_\_\_\_\_

**Lesson 9:** Dealing with Unsafe Touches \_\_\_\_\_

**Lesson 10:** Saying “No” to Unwanted Touches \_\_\_\_\_

**Lesson 11:** Learning the Touching Rule \_\_\_\_\_

**Lesson 12:** Learning the Safety Steps (Booster Lesson) \_\_\_\_\_

**Lesson 13:** Using the Touching Rule \_\_\_\_\_

**Lesson 14:** Joey Learns the Touching Rule (Booster Lesson/video) \_\_\_\_\_

**Lesson 15:** Sam’s Story (Big Book used) \_\_\_\_\_

**Letter #9 home to parents** \_\_\_\_\_